

Glaisdale Primary School



RESIDENTIAL TRIP TO PEAT RIGG OUTDOOR TRAINING CENTRE 23RD – 25TH APRIL 2018

CROPTON, N.YORKS, YO18 8EX

Tel: 01751 417112 (office)

Tel: 01751 417381 (students pay phone)

www.peatrigg.co.uk



About Peat Rigg

Peat Rigg Outdoor Training Centre is a converted nineteenth century farmhouse and Eco building set in 100 acres of beautiful rural scenery. It is located within Cropton Forest on the southern edge of the North York Moors National Park.

The Centre provides a very good standard of accommodation; it is clean, warm and comfortable and provides an excellent base to return to after a hard day of activities.

There is accommodation for around 70 people in dormitory style rooms, many with en-suite facilities. Most dorms accommodate four guests and there are several single staff rooms close to each dorm area. All bedding is provided. The centre has two dining rooms, two comfortable lounges, a training room and two games rooms.

Meals

Peat Rigg has chefs that will provide good quality home-cooked meals throughout the residential. At breakfast your child will be offered a choice of cereals followed by toast and a cooked breakfast. Children are provided with a packed lunch every day. A substantial two course evening meal is cooked for the children every evening and hot chocolate and a snack are provided before they go to bed. There is a choice system and the children can make their own selections. There are also facilities for making drinks throughout the day and fruit is always available.

Activities

There are a wide range of activities on offer at the Centre including Bee Keeping, Sausage Making, Plant Care, Farm Activities and Orienteering to name but a few. We will agree a programme of activities with the staff from Peat Rigg. The programme will be tailored to the needs and interests of our children and parents will be provided with a programme of the activities that the children will be involved in nearer the time.

Health and safety

Health and Safety will be given the highest priority, during the planning stage and throughout the residential. We have thoroughly examined Peat Riggs policies and procedures and we are sure that they operate to the very highest of standards.

Peat Riggs staff are very well qualified and experienced and all have been CRB checked.

If there were any causes for concern during the residential we would raise the matter immediately with Peat Rigg staff. Peat Rigg is registered with the Adventure Activities Licensing Authority which inspects the Centre to confirm that these standards are maintained. The school has followed LEA policy and procedures in planning this residential visit and will ensure that all reasonable health and safety measures are taken throughout the trip.

Contact Details

All parents must complete the Peat Rigg consent form/ emergency contact detail sheet so that staff have up to date contact numbers. A member of staff will ring you if they have any concerns about your child.

In an emergency, parents should make contact with either the centre (01751 417112) or the school. If any emergencies occur, Mrs Barber will contact the school or Mrs Douglass at home if it is after school hours and all parents concerned will be contacted.

Staffing arrangements.

There are **13** children going on the trip from this School. Mrs Barber is the group leader and Miss Hoggarth and Miss Pickard will also be in attendance. The whole group (totalling approximately 60 children) will be accompanied by staff from Egton CE School, Castleton School, Danby School and Egton Bridge School. The activities at Peat Rigg are supervised by experienced and qualified staff employed by the

centre. School staff will also be with the children on all activities.

Caring for your child

Staff will look after your child and inform you if they feel that your child is very unhappy. Children who have not been away from home before without their parents may be a little homesick to begin with and staff will encourage them to join in activities to take their mind off this before they ring you.

Illness

If your child becomes ill whilst on the trip a member of staff will contact you. If your child needs to return home due to illness we ask you to try and come to the centre to pick them up but if this is not possible the school will make provision to bring your child home.

Parental consent and access to information

All parents must complete the consent form before the child can be taken on the trip. All information given on the forms will be kept confidential but, in the interest of health and safety, relevant information will be shared with all members of school staff on the trip and, if necessary, with members of staff at Peat Rigg.

Transport arrangements

The bus will leave school at around 9.30am on Monday 23rd April. Your child should come to school at the normal time and be dropped off as usual. Some children (and parents!) find it difficult to say goodbye so we ask that you do not wait to wave us off. Upon arrival, Miss Hoggarth will phone school to notify them that the children have arrived at the centre and parents are welcome to ring the school after 11.00am to check that the children have arrived safely.

The children will return to school in time for normal school end of day arrangements on Wednesday 25th April.

Please note that the children will be travelling on a minibus that is fitted with seatbelts.

Medication

All parents must complete both a "Parent Consent" form and "Request for School/Setting to Administer Medication" form before their child goes on the trip. This must list any medication that their child needs with detailed instructions on how the medication should be administered. All medication must be given to Miss Hoggarth and must be clearly labelled. If this includes any non-prescription medication, parents must speak to Miss Hoggarth about this before the day the children go on the trip. These consent forms also give permission for staff to administer treatment for minor medical conditions such as coughs, rashes, insect bites, headaches or if a child becomes ill whilst on the trip. Whenever possible a member of staff will phone you first to check that this is alright.

All children should bring suntan lotion with them, preferably a make which includes insect repellent. Children can bring a separate insect repellent as long as it is not an aerosol.

Behaviour

All children will be expected to follow the rules that are explained to them by staff and to do as they are told by an adult. Parents are asked to reinforce this with their child. This is obviously important when they are engaged in outdoor activities. Children are expected to behave appropriately in dormitories and must inform a member of staff if anything has happened in the dormitories to upset them.

If children do not follow rules they will miss an activity and if their behaviour continues to be unacceptable, parents will be asked to come and pick their child up from the centre and take them home.

What will your child need to take with them?

The courses at the centre involve a lot of time outdoors whatever the weather, and there is a likelihood of clothes getting wet. Summer or winter conditions will dictate a different amount to be brought, but old hard-wearing warm clothes are required.

Clothing for activities	√
▪ 3 – 4 pairs of walking/thick socks	
▪ 2 long sleeved fleeces or sweaters	
▪ Gloves, hat and scarf (depending on season)	
▪ 2-3 warm shirts, T shirts or thermal tops	
▪ 2 pairs of trainers, 1 for normal use, 1 old pair for wet weather	
▪ A pair of shoes or boots with very good grip e.g. wellies or walking boots	
2-3 pairs of trousers, tracksuit bottoms are ideal (jeans are not suitable for activities)	
▪ Waterproof coat (and trousers if you have them)	

Other essentials	√
▪ Several changes of underwear	
▪ Socks (not for activities)	
▪ 1 good sized towels	
▪ Wash Kit	
▪ Tissues	
▪ Pyjamas or night clothes	
▪ Indoor shoes or slippers	

Other useful items	√
▪ Wellington boots /Walking boots or shoes	
▪ Books/Playing cards	
▪ Torch	
▪ Writing materials	
▪ Lypsil or lip salve	
▪ Sun cream/ sun hat in summer	
▪ A camera	
▪ Bin liner for wet/smelly clothes	
▪ Insect repellent for personal use only	
▪ A set of casual clothes for evening social after activities	

Notes

Please make sure that your child's name is on all their clothing and personal possessions. Please also make sure that children know what has been packed for them in their bag. It helps to minimise lost and unidentified lost property in bedrooms at the end of the week! It is also very helpful if a holdall or rucksack is used rather than a suitcase as they are easier to store when empty. Thank you.

Children may like to bring a book to read or a puzzle book and of course a teddy bear!

It is **NOT** expected that children will bring mobile telephones. There

is no mobile signal at Peat Rigg. Please do not allow your child to bring music players or electronic games. If your child brings a camera it is their responsibility for the week. They should not bring any sweets or tuck, all food and treats will be provided. Thank you.